# Valašské šotyšky

(Moravia, Czech Republic)

A couple dance from the Valašsko region of northeastern Moravia. The name means "little (or dear) schottische from Valašsko." It was also taught by the Rejšek's at the 1998 Dvorana Summer Folk Dance Week.

Pronunciation: VUH-lahsh-skuh SHOH-tihsh-kih

Cassettes: Dances from the Czech Republic, Stockton Folk Dance Camp 2001, A/5; 2/4 meter

Dvorana Summer Folk Dance Week, Side A/4

Formation: Cpls in a circle facing each other and about 2 to 3 meters apart, M on inside with back to ctr.

W's free hands are placed on skirt.

<u>Meas</u> <u>Pattern</u>

# I. GREETING AND PROMENADE

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<u>INTRODUCTION</u> None.

- 1-2 No action
- 3-4 Bow to ptr.
- Both starting with R ft, dance 3 special walking steps twd ptr (špacírka-step: springy step fwd leading with heel (ct 1), dip with slight knee bend (ct 2)).
- M close L ft to R while turning L to face LOD; W close L to R and turn R. Ptrs are now side by side and facing LOD. M takes W's R hand in his R with his palm up and at chest ht. W place free hand on skirt and M behind back.
- 9-16 Walk in LOD with 8 špacírka-steps, both starting with R ft.
  - II. SIDE STEPS AND PROMENADE
- 1-2 Without changing hand holds, move sideways and a little fwd with step to R on R (ct 1); close L to R (ct 2). Repeat with light stamp on ct 2 (no wt).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- Moving fwd, step on R (ct 1); hop on R, L ft comes fwd and up (ct 2). M slap L thigh with L hand on meas 5, ct 2. Repeat with opp ftwk.
- 7-8 Repeat meas 5-6.
- 9-16 Repeat meas 1-8, but finish facing ptr, M back to ctr; drop hand hold.

### III. TURNS WITH HEEL-TOE TOUCHES

- 1-2 Turning in place, make half turn or less, M to R, W to L with 3 small steps and close with emphasis but without wt.
- 3-4 Repeat with opp. flwk and direction.
- 5-6 Making complete turn in place, M to R, W to L, M take 4 steps (R,L,R,L), and W take 3 steps (L,R,L) and close R to L. M may clap on meas 5, ct 1.
- Both hop on L ft, almost touch R heel on floor in front of L, R toe pointing slightly to R (ct 1); hop on L, almost touch R toe fwd and to the R, with heel twisted to R (ct 2); close R to L (ct 1); hold (ct 2). M can raise arms up and to the sides with palms up; W hold arms to sides.
- 9-32 Repeat meas 1-8 three more times.

#### Valašské Šotyšky-continued

#### IV. SIDE-STEPS AND PROMENADE

1-16 Repeat Fig II, but on meas 15, instead of a step-hop, M step on R turning to R to face ptr, W step L turning L to face ptr. Meas 16, M step L (ct 1), close R to L (ct 2), W do opp ftwk. Join R hands; M have back to ctr.

#### V. STEP-CLOSE-STEPS; TRIANGLES; WOMEN TURN

- 1-2 In LOD, dance 2 step-closes, starting with M's L, W's R, joined hands swing fwd and back on each meas.
- 3-4 Both touch R toe fwd (no hop on L ft)(ct 1); touch R toe to side (ct 2); close R to L (ct 1); hold (ct 2) ("triangle").
- 5-6 M send W into turn to R with R hand "push." W turn once around with 4 steps (R,L,R, close L to R). M slap hands on meas 5 ct 1 and/or on meas 6 ct 1.
- 7-8 Repeat triangle (meas 3-4).
- 9-32 Repeat meas 1-8 three more times.

#### VI. STEP-CLOSE-STEPS; STEP-HOPS

- 1-2 In closed ballroom pos, dance two step-closes sideways in LOD, but touch without wt on last step. Joined hands held at chest ht, arms almost straight.
- 3-4 Turn twd ptr to face RLOD retaining inside hand holds. M step in RLOD with R, swing L fwd. W does opp. ftwk (meas 3). M touch L heel fwd, W R heel (meas 4). Joined hands swing fwd and up at head level (elbow remains bent). M's R arm can also be lifted up and fwd.
- 5-8 Regain closed ballroom pos and moving in LOD and turning CW, dance 4 Step-hops, M starting with step on L, W on R.
- 9-12 Repeat meas 1-4.
- 13-16 With 4 step-hops make small circle away from ptr, M turning to L, W to R. M's hands are on hips, and on first step-hop M can bend over slightly and swing R hand against W's skirt to start her on the turn. It is also possible to do a double turn (2 step-hops per turn).
- 17-32 Repeat meas 13-16. At end of meas 32, open up to face LOD.

#### VII. SIDE-STEPS AND PROMENADE

1-16 Repeat Fig. II.

## VIII. TURNS WITH HEEL-TOE TOUCHES

1-16 Repeat Fig. III, but only meas 1-16.

Presented by Radek Rejšek and Eva Rejšková Notes by Bill and Louise Lidicker